



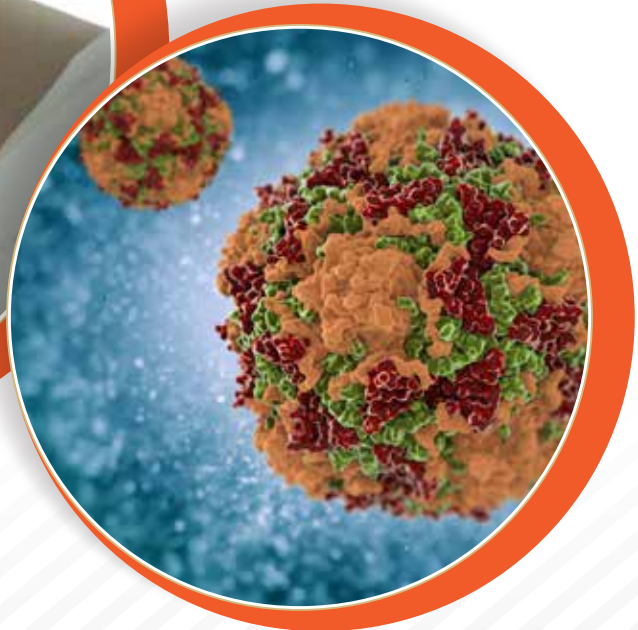
COXSACKIE VIRUS

What Is Coxsackie Virus Infection And How is it Transmitted?

Coxsackie virus is a type of virus that can live in the human digestive tract and spread by feces. Coxsackie virus infection is also known as the hand, foot and mouth disease (HFMD). It is an infectious disease that can cause epidemics, especially in summer and autumn. It can be transmitted through inhalation, saliva, close contact, and feces. The infection can spread rapidly among children who have been exposed to infected pool water with the start of the pool season.

What Are the Symptoms of Coxsackie Virus Infection?

Coxsackie virus infection can cause mild cold symptoms as well as severe inflammatory disease symptoms in cases where body resistance is low. As the name of the disease suggests, it causes rashes especially on hands, feet, and around the mouth. Besides, loss of appetite, sore throat, weakness, and painful wounds in the mouth can be observed. Although the virus is more effective on children, it may also affect adults with low resistance.



How is Coxsackie Virus Infection Treated and Prevented?

As the disease is caused by a virus, antibiotic treatment does not work. Symptoms go down on their own in 10 days without the use of any medication, but soothing creams can be applied as the rashes may cause discomfort and itching etc. in this process. Rashes do not leave permanent marks. Good nutrition is important during this period. People diagnosed with the infection should be isolated and their room should be frequently ventilated. Detecting the source of the infection is very important for preventing its spread. Pool water disinfection should be carried out properly. In case of foreign matters such as feces in the pool, the necessary procedure should be applied immediately. Children's playgrounds are also areas of high risk. In addition, the areas which have a risk of contamination through contact, door handles, electrical switches, etc. should often be disinfected with the appropriate disinfectant product to avoid cross-contamination. The lobby and public toilets with heavy human traffic should be cleaned and disinfected frequently during the day. For this purpose, disinfectants containing glutaraldehyde or chlorine should be used.

It should be kept in mind that especially vegetables and fruits which are consumed raw carry a risk in the kitchen. Vegetables and fruits should be disinfected and purified from pathogens that may cause disease. Besides, laundry hygiene is among the issues to be considered. Doing laundry at high temperatures (15 min. at 80-85oC) or using special products with disinfectant effect (active chlorine, active oxygen, peracetic acid-PAA etc.) will ensure the safe use of clothes again.

The most effective method that parents can use to protect their children from the disease is to get their children to gain the habit of regular hand washing. Hands should be frequently washed with a handwashing product containing disinfectant (for 30 sec) and dried with a paper towel.



Eczacıbaşı Profesyonel offers hygienic solutions to its customers with a wide range of disinfectant products, such as the “**Glutaraldehyde-based M215 Cleaning Product with Disinfectant Effect**” and “**M105 Alcohol Based Sanitizer for Hands**” for hand hygiene in order to disinfect the risky places for the transmission of microorganisms, such as children’s playgrounds, baby changing tables, door handles, toilets in hotels and hospitals.

Eczacıbaşı Profesyonel aims to create habitable and healthy environments by reducing the risk with its portfolio of personal hygiene, general area hygiene, kitchen hygiene, and laundry hygiene products. It is very important to raise awareness for a sustainable, healthy world. Training and support programs related to increasing hygiene awareness and correct use of products are offered to all relevant institutions, organizations, and professionals by EP Akademi.



EPAkademi@eczacibasi.com.tr

Please contact us via our call center (0850 228 46 89) for more information.

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